SELBY HIGH SCHOOL

A Specialist School for the Arts and Science

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unifrog
the universal destinations platform

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Dear Parent, Carer, Guardian,

Unifrog – The Complete Destinations Platform

During today's year 7 assembly, students were introduced to a careers programme called Unifrog. All students have access to the platform and will receive details of how they need to log in during PD sessions, but this can also be accessed at home.

To continue to **deliver and strengthen our careers programme** and **support students** in exploring their next steps after school, we are using Unifrog: an award-winning, online destinations platform. All students in Years 7, 8, 9, 10 and 11 now have access to this platform.

What is Unifrog?

Unifrog is designed to support learners in **making informed decisions about their futures**, with a range of tools that are suitable for all year groups. Each student has their own account that provides a range of information related to their interests and aspirations.

Key features of the platform for students include:

- Psychometric testing quizzes
- Career and subject exploration
- Webinars and interactive short courses
- Self-reflection and portfolio building tools
- Search tools for live apprenticeship and employer opportunities, and university courses
- Application and essay-building tools

Students at Unifrog schools can log in from any computer, tablet, or smartphone. We encourage you to use the platform with your child so you can support them through the process of deciding on their next steps.

<u>Psychometric testing on Unifrog</u>

As a Unifrog user, your child now has access to Unifrog's psychometric testing. This is just one of the ways Unifrog supports your child to find the best post-school destinations for them.

What is psychometric testing at Unifrog?

Unifrog's comprehensive psychometric testing is an enjoyable way for your child to explore their interests, strengths, and areas for development, and to see how their results relate to possible careers and subject choices. This helps them build a foundation to then conduct focused careers research in the areas that most interest them.

Unifrog's psychometric testing consists of four quizzes, three tests, and one profile tool:

- The Interests quiz: based on John Holland's theory of personality and job choices, this encourages students to think about what they like and dislike doing.
- The Personality quiz: based on the theory behind the Myers-Briggs personality framework, this gets students thinking about the person they are.
- The Work environments quiz: based on the ONET 'Work contexts', this gets students to consider different work settings, activities, and situations to get a sense of what they would be most happy with.
- The Skills quiz: this asks students to self-evaluate their level of 22 different skills by considering specific scenarios where they would need to use these skills.
- The Skills tests: these will be available for students once they complete the Skills quiz. There are three tests that cover topics like numeracy, verbal reasoning, and pattern reasoning.
- The Quiz profile tool: this brings the results of these quizzes together, suggesting the most relevant next steps for each student.

The quizzes and tests each take between 12-15 minutes to complete.

Your child can access and interpret their results independently using their Quiz profile anytime they sign-in to Unifrog. They also won't need to wait around for their results; they'll be updated as soon as they complete or re-take each quiz/test, and they'll be provided with actionable next steps to research opportunities and develop their skills further.

How will psychometric testing help your child?

Unifrog's psychometric testing helps students:

- consider their interests, personality type, preferred work environments, and different skill levels, and how these relate to what they might want to do in the future.
- think about how these results combine to give an accurate picture of potential pathways for them.
- explore Unifrog's Careers and Subject library profiles which have been tailored to their results, getting them thinking about what they might like to pursue.
- get familiar with skills tests to prepare for job applications: the types of skills tests Unifrog have built are a common part of the application process for jobs in a wide range of sectors, and even some apprenticeship and school leaver programmes.
- have guidance conversations with careers advisers, tutors, and counselors.

If your child has any issues signing in, please contact Mr S.Birkenshaw sjb@selbyhigh.co.uk.

For more information, go to www.unifrog.org

Kind regards,

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